HandsOn Hong Kong Impact Report 2023

牽手香港2023年度報告



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LETTER FROM OUR FOUNDER AND EXECUTIVE DIRECTOR

創辦人及行政總監的話

Dear friends,

2023 marked a promising new beginning for Hong Kong as COVID-19 restrictions were lifted, and we fully opened up to the world. Amidst this fresh start, the reality of 1.65 million people living below the poverty line—and the pressing need for climate action—reminded us of the critical role nonprofits play in our city.

HandsOn continued to empower Hong Kong's volunteers towards positive change across 3,620 programs in 2023. 365 days of volunteers caring, connecting and advocating to help uplift marginalised communities and champion critical causes. Through these efforts 77,783 members of our community were supported.

親愛的牽手香港之友,

2023年是香港充滿希望的一年,隨著 2019新冠病毒的限制措施解除,我們向 世界全面開放。然而疫情過後,本港仍面 對有165萬人正生活在貧困線以下,加上 逼在眉睫的氣候變化威脅,都提醒著我們 非牟利機構在香港所扮演的重要角色。

牽手香港於2023年通過舉辦3,620個義工活動,賦予義工為社會帶來正面影響的能力。義工們通過關愛、連繫和訊息傳遞,幫助提升邊緣化社群的地位,以及倡導重要議題,更讓77,783 名社區人士得到了支持。

The number of charities HandsOn partners with grew by more than 50% year-on-year, with our team supporting 154 grassroots non-profits. The passion and commitment of the HandsOn team made this possible—doubling-down on outreach efforts, requests for support, providing close advisory and harnessing people power every day of the year.

Against this backdrop, it was only fitting that 2023 became the year we unveiled vision for HandsOn—which embodies our purpose as an organisation. We extend our deepest gratitude to each of you for joining hands with us, to strive towards our vision for a Hong Kong where no charity serves alone. Together, we are making a meaningful difference in our community.

2023年,與牽手香港合作的慈善機構數目 增長超過 50%, 達至 154 個。我們的團隊 憑著熱誠和推動義工服務的決心,積極向這 些合作夥伴提供免費的義工管理和諮詢服 務、回應她們的需求、以充份發揮每位義工 的力量。

作為充滿希望的一年,我們亦著此機會就我 們的願景作出了回顧和更新,以體現我們作 為慈善機構的宗旨。在此,我們衷心感謝每 一位與我們攜手並進,為實現願景而努力, 並為社會作出有意義貢獻的同行者。



Founder & Board Chair 創辦人兼董事會主席



Shaun Bernier Catherine Tong Dannaoui Executive Director 行政總監

EMPOWERING EVERYONE TO VOLUNTEER

讓每個人都能成為義工

As a local charity with the mission to empower everyone in Hong Kong to volunteer, HandsOn develops service programs in partnership with the city's under-served non-profits and connects them with vital resources and support.

牽手香港作為一家本地慈善機構,使命 是讓所有人都能成為義工。牽手香港與 本地資源緊絀的非牟利機構合作開發項 目,並為他們提供所需的資源和支持。

Volunteers deliver food packages to isolated individuals; build the confidence of children with special needs; show care for lonely elderly; and much more. By the end of 2023, our community had grown to more than 40,000 registered volunteers.

義工們為獨居的有需要人士送上食物包、為有特殊需要的兒童建立信心、以及為孤苦無依的長者送上關懷等。直至2023年底,我們的註冊義工人數已超過40,000人。

Each month, HandsOn runs 200 volunteer activities as a free public service. Every day of the year, we...

- ☑ Provide vital behind-the-scenes assistance to other charities. 為其他慈善機構提供重要的幕後援助。
- Serve as an extension of their teams. 作為他們團隊的延伸。
- ☑ Enable them to outsource their volunteer management at no cost. 讓她們享受完全免費的義工管理服務。



VOLUNTEERS

義工

34,301

VOLUNTEER HOURS SERVED 義工服務時間



5,838

VOLUNTEERS EMPOWERED

義工賦能

TRANSFORMATION

轉變

93%

FEEL MOTIVATED TO CONTINUE VOLUNTEERING

感到有動力繼續義工服務



95%

HAVE A DEEPER
UNDERSTANDING OF
COMMUNITY NEEDS

更深入了解社區需求

2023: AT A GLANCE

2023年: 概覽

IMPACT

影響

77,783

PEOPLE SUPPORTED 受助人數

35,334

CHILDREN & YOUTH UPLIFTED 受益兒童和青少年人數

3,628

SERVICE PROGRAMS

服務項目

154

NON-PROFIT PARTNERS 非牟利機構合作夥伴



94%

FEEL THAT VOLUNTEERING CONTRIBUTES TO POSITIVE MENTAL & EMOTIONAL WELLBEING

義工活動有助保持 積極的態度及心理和情緒健康 2023 has been a significant year for the HandsOn community. We've seen our volunteer base grow even stronger, with more individuals eager to return and contribute their time and talents. More charities have sought out our support, meaning we've been inspired to innovate and adapt our programing, fundraising, and outreach efforts. The collective passion and creativity of this community is what continues to drive what we do every day.

2023年對牽手香港社區而言是重要的一年。我們的義工團隊變得更加強大, 更多人渴望貢獻他們的時間和才華。同時有更多的慈善機構尋求我們的支持, 啟發我們不斷創新,調整我們的計劃、籌款和外展工作。這個社群的熱情 和創造力正是我們每天工作的動力來源。



Ann Chu
Board of Directors Vice Chair,
HandsOn Hong Kong

OUR SIGNATURE PROGRAMS

我們的重點項目

Generously supported by 全力支持

GENERATION CONNECT

跨代同行

SHARING JOY ACROSS GENERATIONS

GENERATION CONNECT empowers Hong Kong's families and elderly to support each other's well-being through a six to twelve month program of phone calls, home visits, days-out and more. Young volunteers and their family members are given hands-on support to play a positive and meaningful role in supporting elderly needs—receiving training, guidance and encouragement by HandsOn and our partners throughout.

Since the program launched, we've brought more than 200 families and elderly participants together, many of whom continue to stay connected and bring friendship, kindness and compassion into each other's lives.

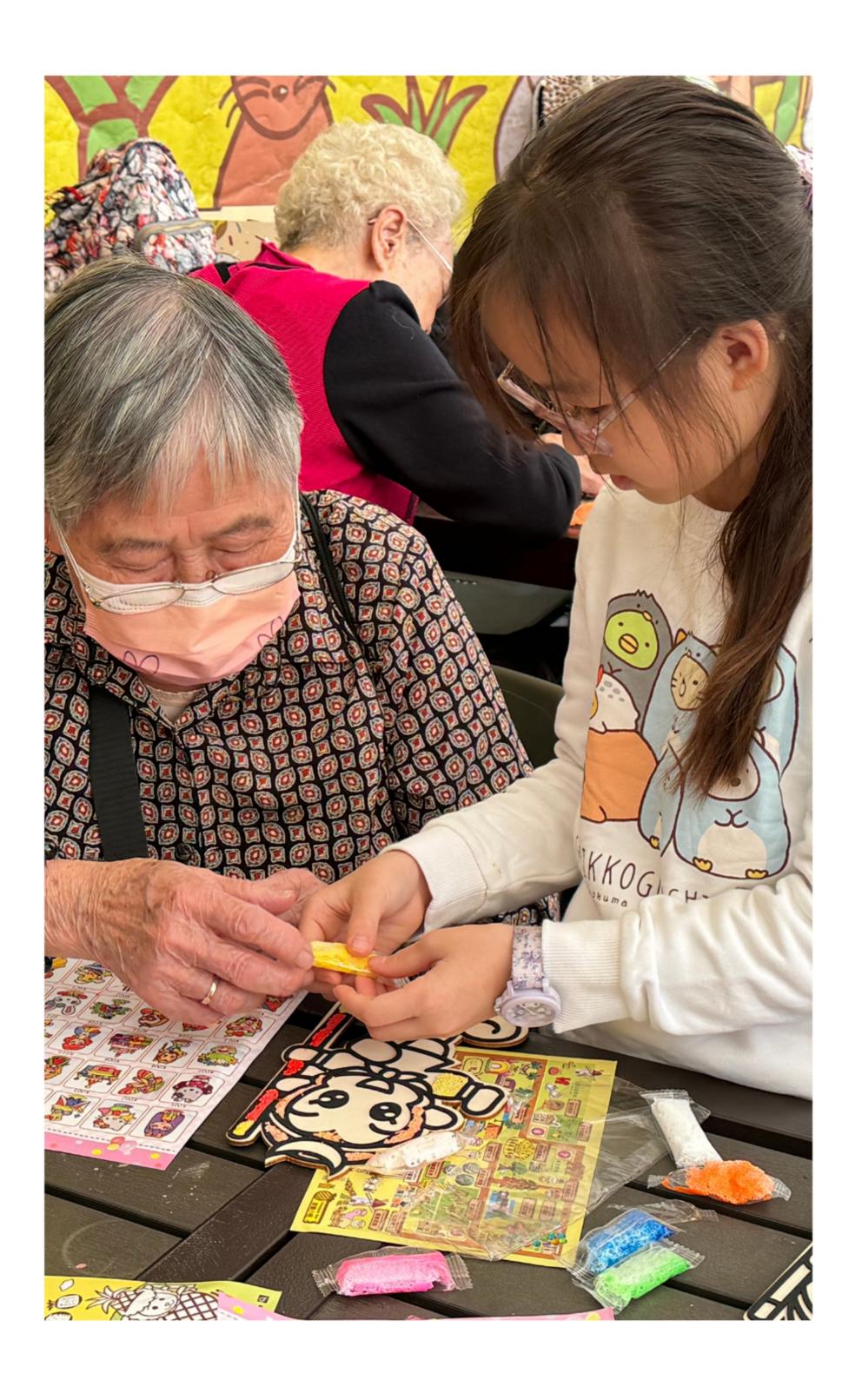


跨代分享歡樂

跨代同行計劃通過致電慰問、家訪、出外活動等 六至十二次接觸,讓參與計劃的家庭和長者能夠 相互提供支持。年輕義工及其家庭成員在整個計劃中接受由我們和合作夥伴提供的培訓、指導與 鼓勵,在支持長者的心理需要方面發揮了積極的作用。

自計劃啟動以來,我們已成功將 200 多個家庭和長者連繫在一起,他們當中不少繼續保持聯繫,並將友誼、良善和同理心帶進彼此的生活。





94
paired up in 2023.
家庭與長者
於2023年配對。



FAMILIES

remain in touch with their elderly buddy since taking part. 自參加以來,一直與長者拍檔保持聯繫的家庭。



ELDERLY

show improved mental health and increased connectedness.

長者心理健康狀況有所善, 人際關係也有所增強。



66

The program not only allows our members to feel supported by the caring calls and visits, it also creates positive impact for everyone involved. HandsOn has enabled our team and the children to truly feel the meaning of volunteering. It has inspired everyone and allowed us to reflect on how simple it can be to make a profound impact on another person's life.

跨代同行計劃通過致電慰問、家訪、出外活動等六至十二次接觸,讓參與計劃的家庭和長者能夠 相互提供支持。年輕義工及其家庭成員在整個計劃中接受由我們和合作夥伴提供的培訓、 指導與鼓勵,在支持長者的心理需要方面發揮了積極的作用。

Zen Lee

Social Worker

Pok Oi Hospital, Mr.Kwok Hing Kwan Neighbourhood Elderly Centre

YOUTH EMPOWERED 見「義」勇為青年義工計劃

PUTTING HIGH-SCHOOL STUDENTS IN THE DRIVER'S SEAT

Our city's youth are the driving force behind positive change and the promise of a brighter future for Hong Kong. At the same time, their mental and emotional well-being has been in crisis. 1 in 2 secondary students continue to show signs of depression; many of them feeling overwhelmed due to academic pressure and other stresses.

In response to this — and the degree of need within the community — in 2020 HandsOn developed YOUTH EMPOWERED, an initiative focused on empowering young people to find their purpose in serving the community.

Generously supported by 全力支持



讓高中生領航

香港的青年是推動改變的動力,也是香港美好未來的希望所在。但與此同時, 他們的精神和情緒健康卻面臨危機。現時,每兩名中學生便有一名出現抑鬱跡象,其中許多人因為學業壓力和其他壓力而感到精神緊張。



Now in its third year, this program (2022-23) brought together 29 students for a 10-month calendar of training, mentoring and volunteering. These Youth Leaders developed and led five service programs enabling over 800 young people aged 13 to 17 to volunteer — supporting and uplifting many more.

Heading into another year, we're seeing the long-lasting benefits and sustained impact. The rate of volunteering among young people (under 18) has more than doubled with HandsOn in the past year. 有鑒於此,牽手香港推出見「義」勇為青年義工項目,旨在增強青少年的能力,讓他們在服務社區的過程中找到人生目標和意義。

在2022-23年度期間,此計劃已踏入第三個年頭,計劃共吸引29名學生,參與為期10個月的培訓、輔導和義工服務。這批「年輕領袖」負責制定和開展了五個義工活動計劃,推動共800多名介乎13至17歲的青少年成為義工,為更多人提供支持和幫助。

踏入計劃的第二年,我們看見項目帶來的長遠成效和持續的影響。在過去一年,18歲以下青少年的義工參與率較前一年急劇增長超過一倍。

29 YOUTH LEADERS graduated from the program. 畢業於計劃的年輕領袖

544 VOLUNTEER ACTIVITIES developed by youth volunteers. 由青年義工籌辦義工活動

- 846
 YOUTH VOLUNTEER ROLES
 serving a range of social needs.
 服務一系列社會需要的
 青少年義工崗位
- 7,019 INDIVIDUALS SUPPORTED by young people. 由青少年所提供的服務下幫助人數



99

A lot of people just view volunteering as giving away something. Maybe your time, maybe your money, maybe your energy, but you don't just give away something, you have something to take away. It helps me understand a lot more of the struggles that society has, especially those that come from not-so-fortunate backgrounds, and that really shapes me as a person.

很多人將義工服務看成奉獻,包括你的時間、金錢、或者精力。 但我認為當你在付出的同時,你亦有得著。它幫助我了解更多社會的需要, 尤其是社會上生活背景較為不幸的人,這些經驗都有助塑造成今天的我。

> Alfred Lam Youth Leader, aged 15

SERVE-A-THON HONG KONG

香港義工節

In a city where many are eager to serve but don't know how, Serve-a-thon was launched in 2017 to help people start their volunteer journey. This "all-hands-on" community service week brings together the city's vibrant sectors, shining a spotlight on frontline charities and those they serve.

The seventh edition of Serve-a-thon returned in May 2023 with renewed energy — 1,454 individuals, families, schools, and businesses came together to give their time at 159 volunteer programs.

15,176 PEOPLE SUPPORTED 總受助人數

FRONTLINE CHARITIES
provided with volunteer support
個前線慈善機構獲提供義工支持

在我們這城市,一直有很多人希望參與義工服務但不知道從何着手。我們自2017年開展「香港義工節」,旨在幫助大眾展開他們的義工旅程。這個推動全民參與的社區服務周匯聚城中充滿活力的各行各業,聚焦前線慈善機構及其服務對象。2023年5月第七屆「香港義工節」帶著新的動力再次回歸一1454位來自個人、家庭、學校和企業的義工,在159項義工活動中奉獻自己的時間。



The business community in Hong Kong played a crucial role in making Serve-a-thon 2023 possible, with more than 30 companies lending their support. Our two Community Champions, Johnson & Johnson and Marriott Bonvoy, and our Community Advocates, WTW, Schneider Electric and Schroders, were at the forefront of the initiative, providing invaluable support to fuel our programs during Serve-a-thon and year-round.

Most of these companies put forward Servea-thon volunteer teams, with each person showing they care by providing social connection or physical relief assistance—or both. These volunteers spent time providing 'wheelchair maintenance', playing inclusive sports, planting crops to promote biodiversity, and more.

1,454

VOLUNTEERS

took part in just one week 一周裡參與的義工人數

香港商界在推動2023年「香港義工節」的過程中發揮了至關重要的作用。本年度有多達30多家企業挺身支持,當中兩家「領銜企業夥伴」--強生及萬豪集團,以及我們的「倡導夥伴」--韋萊韜悅、施耐德電氣,以及施羅德,都站在活動的最前線,為我們在「香港義工節」期間以至全年的活動提供寶貴的支持。

所有參與支持「香港義工節」的企業都派出了 義工團隊,他們通過加強社交聯繫和物質援 助,向社會上有需要人士表達關心。他們參與 的活動包括提供食品援助、送遞物資包、種植 農作物以促進生物多樣性等等。



2023 SERVE-A-THON PARTNERS 2023 年香港義工節合作夥伴

COMMUNITY CHAMPIONS

領銜企業夥伴

Johnson&Johnson









COMMUNITY ADVOCATES

倡導夥伴

SUSTAINABILITY PARTNERS

可持續發展合作夥伴











COMMUNITY SUPPORTERS

支持夥伴





















































NON-PROFIT PARTNERS

非牟利合作夥伴



藝術有嘉 Art of my family

















































































OUR EVENTS & COMMUNITY ENGAGEMENT

活動回顧



Generously supported by 全力贊助

HEALTHIER, LONGER, BETTER LIVES

DRIVING CHANGE

推動改變

In October 2023, HandsOn partnered with AIA to host our inaugural Golf Day, held at Shek O Country Club. This connecting and fundraising event aimed to generate critical funds to sustain our work in three key areas; youth empowerment, supporting the elderly, and caring for caregivers. At the same time, it brought change-makers together with a shared passion for creating positive impact.

With the participation of 17 corporate teams, the day-long event featured a friendly golf tournament as well as an evening dinner and live auction, with items donated by generous partners and board members.

HK\$1m RAISED 籌得

2023 年 10 月,牽手香港與友邦保險合作,在石澳鄉村俱樂部舉辦了我們首個高爾夫球籌款日。這次籌款和交流活動旨在籌集資金,以維持我們在三個關鍵領域的重要工作:包括推動更多青少年投入義工服務、支持長者、以及關愛照顧者。與此同時,此活動把關心香港現設的高爾夫球愛好者凝聚在一起,一同交流如何透過義工服務為社會帶來改變。

17支企業隊伍參與了為期一天的活動,包括高爾夫球友誼賽、晚宴和實時拍賣活動,當中所有拍賣品均由我們的合作夥伴和董事會成員所捐贈。



HandsOn volunteers swung into action, providing on-site support that kept the Golf Day running smoothly. Through the tremendous efforts and contributions of all involved, the HandsOn Golf Day successfully raised over HKD \$1million to power our community programs and initiatives.

牽手香港的義工們亦有份參與提供現場支援,以確保籌款日得以順利進行。通過所有參加者的努力和貢獻,牽手香港高爾夫球籌款日成功籌得超過港幣 100 萬元,用於支持我們在香港開展具有影響力的社區項目和計劃。



In partnership with 合作舉辦

HKEX 香港交易所

HIKING FOR HONG KONG 「義·行」

In November, we proudly hosted the ninth edition of our popular Hike for Hong Kong event, held in partnership with the HKEX Listing Committee.

The annual hiking fundraiser has become a cherished tradition bringing together Listing Committee members with HKEX colleagues, family, friends — and our dedicated volunteers — to enjoy Hong Kong's beautiful nature while supporting the vital work of HandsOn.

More than 90 enthusiastic hikers joined us on this outdoor challenge, collectively raising HK\$190,500. The funds raised through this event will directly support our impactful programs.

HK\$190,500 RAISED 籌得 我們非常榮幸與香港交易所上市委員會於11 月合作舉辦了第九屆的「義·行」遠足籌 款活動。此項活動活動已成為一項珍貴的 傳統,無論是上市委員會的成員、香港交 易所的同事、家人、朋友,以及我們熱心 的義工都齊聚一堂,為香港多走一步。在 欣賞香港美麗的自然風光的同時,支持牽 手香港的重要工作。

超過 90 名熱心的遠足者和義工參加了這次戶外活動,並成功籌得190,500 港元。 這次活動所籌得的善款將直接用於我們的主要項目當中。





HandsOn volunteers stepped up as trail champions for Hike for Hong Kong, guiding participants along scenic routes and ensuring a safe, enjoyable experience for all.

牽手香港義工為「義·行」沿途護航,帶領參加者沿著風景優美的路線前行,確保所有人都能獲得安全、愉快的體 驗。

ENGAGING THE NEXT GENERATION

培育下一代

In our dynamic school engagement program, we continued to deliver a range of interactive talks and hands-on workshops inspiring students to get involved in volunteering and nurture the next generation of community-minded leaders. These sessions encouraged young people to embrace the power of service and make a real impact on those in need. Throughout the year, over 1,000 Hong Kong students and teaching staff from these experiences, benefited insights into social issues, gaining developing empathy, and picking up practical skills for community action.

Thank you to the following schools for your partnership in 2023:

感謝以下學校在 2023 年與我們的合作:



在培育青少年義工人才方面,牽手香港亦不遺餘力,積極通過與不同學校舉辦一系列的互動 講座和實踐研討會,旨在激勵更多學生參與義 工服務。

這些活動鼓勵年輕人擁抱服務的力量,為有需要的人帶來切實的幫助。在這一年中,超過1,000名香港學生從這些體驗中受益,不但深入了解了社會問題,培養了同理心,並掌握了為社區服務的實用技能。

Canadian International School of Hong Kong, Discovery Bay International School, ESF Kennedy School, ESF Quarry Bay, La Salle College, Malvern College, Renaissance College, Shrewsbury International School, The ISF Academy.



STUDENT VOLUNTEERS UPLIFT LOCAL SENIORS

In the lead up to the festive holidays, HandsOn organised a special outing with Shrewsbury International School Hong Kong. These community-minded students visited their local elderly care centre to play board games and provide friendly doorstep visits to house-bound seniors. This hands-on experience brought joy to senior residents and gave students an opportunity to develop empathy, practice intergenerational communication, and gain a deeper understanding of community service.

長幼共融

牽手香港與思貝禮國際學校在佳節前夕組織 了一次特別的郊遊活動,一班學生來到一家 地區長者日間護理中心,與長者玩桌上遊戲 並進行上門探訪。這次義工體驗為長者居民 帶來了歡樂,也為學生們提供了一個培養同 理心、加強跨代溝通和深入了解社區服務的 機會。



OUR VOLUNTEERS 我們的義工

WYORK CITY

OUR VOLUNTEERS in 2023 2023年我們的義工

Each year HandsOn recruits, manages and mobilises thousands of volunteers to support the frontline efforts of our non-profit partners. In 2023, we recruited 5,838 volunteers, contributing 34,301 hours to needs in the community.

In August 2023, we partnered with The Hong Kong Jockey Club Charities Trust to launch a 10-month program empowering more individuals and families to participate in volunteerism. Every project featured as part of the citywide program, JC VOLUNTEER TOGETHER (JCVT), invited youth volunteers — with opportunities accessible to those as young as 6 years old. As a result, we've seen a 79% increase in the number of children and teen volunteers in the HandsOn community, and their attendance at programs has more than doubled compared to the previous year.



牽手香港每年招募、管理和動員數千名義工,以支持我們非牟利合作夥伴的前線工作。在2023年,我們動員了5,838名 義工,為我們的慈善機構合作夥伴及其服務的社群貢獻了34,301個小時。

2023 年 8 月,我們與香港賽馬會慈善信托基金合作推出了一項為期 10 個月的計劃,以推動更多個人和家庭義工投身社區服務之中。「賽馬會眾心行善」計劃的每一個項目都會邀請青少年義工參與,為低至年僅 6 歲的義工提供參與服務的機會。這一舉措使我們的使兒童及青年義工人數增加 79%,參與活動的人數也同比去年增長超過一倍。

EVERY YEAR OUR HANDSON SURVEY GATHERS INSIGHTS FROM OUR MOST FREQUENT VOLUNTEERS. IN 2023, THEY SAID:

牽手香港每年均會向義工收集意見。在 2023 年,義工向我們反映:

I was driven to serve to ...

驅使我參與社區服務的主要原因是...



Support community needs. 支持社會需求



Make a difference. 希望有所作為



Make meaningful connections. 建立有意義的聯繫

Volunteering helps me To... 義工服務能幫助我...



Improve or maintain my own sense of wellbeing. 改善或保持我的幸福感



Feel grounded in the moment. 讓我感到踏實



Switch off from the pressures and stresses of daily life. 擺脫日常生活的緊張和壓力





[Volunteering is] the best thing I've done in years!

I wish I had fully recognised and appreciated the value and importance of volunteering when I was younger.

I'm now busy trying to make up for lost time.

(參與義工服務是)我多年來做過的最好的事情!我我希望能早 一點認識到參與義工服務的價值和重要性。 我現在正忙於彌補失去的時間。

HandsOn Volunteer

In an anonymous survey, HandsOn volunteers shared their thoughts on serving the community in 2023.

在一項匿名調查中,牽手義工分享了他們對 2023 年服務社區的想法。

OUR VOLUNTEER LEADERS

我們的義工隊長

Our Volunteer Leaders are instrumental to the running of our year-round calendar of service activities. Typically, they commit to manage a specific program for a minimum of three months, but many of these individuals have worked with us for years. These Volunteer Leaders manage their service programs by coordinating pre-event reminders, taking attendance, conducting onsite briefings and providing post-program outcomes and feedback to our team.

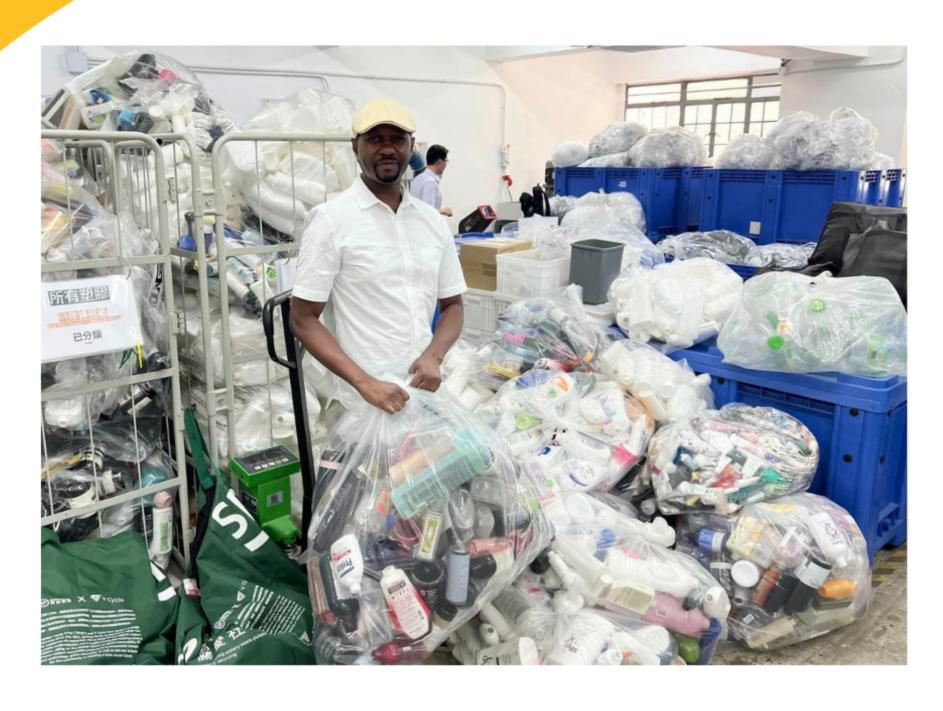
Our Volunteer Leaders' contribution to HandsOn Hong Kong—and the charities and those they serve—is invaluable to our work.

Thank you to our 2023 change-makers (P.33) for being an essential part of the HandsOn community!

牽手香港的義工隊長團隊對於我們開展全年的義工活動是不可或缺的。我們對義工隊長的基本要求是需要負責管理一個特定項目至少三個月的時間,而當中不少義工隊長與我們已有多年的合作經驗。義工隊長的管理工作範圍包括進行活動前的提醒、為義工登記出席、帶領活動簡介、以及活動後的總結及反思,以協助我們順利開展各項義工服務。

義工隊長對於牽手香港、以至他們所服務的慈善機構和人士的貢獻,實在是非常寶貴。我們在此感謝於2023年有份參與推動改善社會的各位義工隊長(P.33),感謝他們扮演著如此重要的角色!





VOLUNTEER SANDAY HONOURED WITH SPIRIT OF HONG KONG AWARD

Our long-serving volunteer leader Sanday Chongo Kabange was awarded the Spirit of Hong Kong Award 2023 in recognition of his contributions to the city over the last eight years. Sanday is particularly passionate about engaging first-time volunteers, frequently introducing people to our programs and using his platforms to inspire others to get involved. He is widely regarded as a selfless leader, serving as a role model that motivates others to follow in his footsteps. Congratulations Sanday!

義工隊長SANDAY獲香港精神獎

我們的長期義工隊長 Sanday Chongo Kabange 於2023年榮獲「香港精神獎」的「社區貢獻獎」,以表揚他在過去八年對香港的貢獻。Sanday特別熱衷於啟發首次參與的義工,經常向他們介紹我們的項目,並利用他的通訊平台鼓勵更多人一起參與。他被公認為是一位無私的領導者,亦是激勵他人追隨他腳步成為義工的榜樣。恭喜Sanday!



Our work was supported by 88 dedicated Volunteer Leaders in 2023:

在2023年熱心支持我們工作的88位義工隊長:

Ada Fan	Donald MacGillivray	Joseph Lam	Reiya Seth
Adrian Yeung	Edith Chiu	Joyce Lee	Renee Cheung
Alexandra Adamson	Ellie Liu	Ka Yee Sharon Fung	Richard Payne
Ally Lau	Eric Der Alexanian	Koey Shek	Sanday Chongo
Anna Au	Esther Lau	Lai Ting Chang	Kabange
Anna Zhan	Eva Kwok	Latisha Au	Sharon Lai
Ashley Ziyi Chiu	Evelyn Mak	Lauren Tse	Shek Sze Ai
Austin Lee	Gianna Yee Kwan Chung	Laurie Poonm	Stephanie Leung
Brandon Yip	Gina Lee	Lilia Ranas	Sunny Li
Brian Kwok	Graeme Garnsey	Lina Lam	Sylvia Wong
Brian Wong	Hana Chow	Lok Tung Ng	Sze Wai Christy Lee
Cameron Tsz Fung Law	Hayden Fong	Lorelei Madeleine	Tiana Law
Carmen Che	Hilda Ng	Chua Goach	Tomas Ng-Brett
Carmen Lai	Hiu Lam Christy Chow	Madeline Threlkeld	Urvi Cherian
Celine Lee	Hui Wai Ming	Mandy Cheung	Valerie Chan
Chani Kim	Hoi Faat Lam	Marvin Tsang	Wilson Ma
Chia Chu	Irene Gong	Matt Lee	Wincy Wang
Chinny Kwok	Jaehyeong Jang	Meg Fung	Winefred Kwan
Claire Yu	Janet Cheung	Mira Chan	Yasmin Chafra
Cynthia Lai	Jasper Hau	Neal Sarwal	Yi Ching Anika
Cyrus Lee	Jessmin Tay	Nicole Lau	Cheng
Daisy Chong	Jolie Chui	Nikita Fong	Yvonne Li
Darren Hiu Kwan Kwok	John Ko	Olivier Hui	
Davina Soo	John Jiongran Qi	Philip Yue	
Derrick Chung	Jonathan Cheng	Phoebe Wong	



HandsOn Volunteer Leaders joined our annual International Volunteer Day Celebration to reflect on the past year's achievements and recognise their fantastic contributions to the community. 牽手香港義工隊長參加一年一度的國際義工日慶祝活動,在回顧過往一年的成就的同時,聽取未來一年的計劃,並表彰他們為社區做出的卓越貢獻。

OUR NON-PROFIT PARTNERS

我們的非牟利機構合作夥伴

OUR WORK WITH NON-PROFIT PARTNERS 我們與非牟利機構夥伴的合作

Many of Hong Kong's frontline charities have faced reduced funding in recent years—operating with less staff and fewer resources. In an annual survey with 25 of our close non-profit partners, we found that 73% of them operate on annual budgets of under HK\$10 million, and 58% below HK\$5 million. Nearly half (46%) have teams of fewer than 10 people, meaning they often rely on volunteers to deliver their services due to lack of resources. Yet, every day, they continue to serve as a life-line for the city's most vulnerable groups.

香港不少慈善機構近年都面臨資金減少的問題,以至需要在人手和資源緊絀的情況下工作。我們就 25 個與我們緊密合作的非牟利機構合作夥伴進行年度調查,發現其中 73% 合作夥伴的年度預算低於 1,000 萬港元,58% 低於 500 萬港元。在我們的合作夥伴中,近一半(46%)的團隊人數少於 10 人,這意味著由於缺乏資源,他們通常需要依靠義工來提供服務。儘管如此,他們仍然用心為香港的弱勢社群提供服務。

We support our non-profit partners by: 我們通過以下方式支持非牟利機構夥伴:

Providing program consultancy. 提供咨詢服務。

- Promoting service opportunities, mobilising and managing volunteers. 為合作夥伴宣傳義工服務機會、動員和管理義工。
- Fostering collaboration by facilitating opportunities for shared partnerships. 促進不同機構之間的合作和夥伴關係。
- Securing joint program funding.
 爭取共同開發項目資助。

RESPONDING TO THE NEEDS OF OUR NON-PROFIT PARTNERS

In 2023, our partner network expanded by over 50%. We now provide vital support to 154 local charities, serving as an extension of their teams and managing their volunteer programs.

We work in close collaboration with our charity partners to continually respond to the needs of the community and determine how and where volunteer support can be directed. In 2023, we were delighted to hear 86% our surveyed partners said HandsOn's improved their support organisation's wellbeing by reducing lightening workloads, and pressure, increasing work satisfaction.

加強我們對非牟利機構夥伴的服務

2023年,我們的合作夥伴網絡擴大了 50%,一共為 154 家本地慈善機構提供重 要的支持,充當他們的團隊的延伸,並為 她們管理各項義工項目。

我們與非牟利機構合作夥伴緊密合作,以不斷滿足社區的需求,並就義工服務制定最合適的方案。從我們進行的年度調查中反映,86%受訪合作夥伴表示我們的提供的服務能減輕他們的壓力、減輕工作量、並提高工作滿意度,從而改善他們組織的福祉。

154 NON-PROFIT PARTNERS

非牟利機構夥伴

34,301 VOLUNTEER HOURS CONTRIBUTED TO CHARITIES 服務時數 \$4,448,627.70*

ANNUAL ECONOMIC CONTRIBUTION 經濟貢獻

^{*}The total economic contribution is calculated by multiplying the average hourly wage of HK\$129.7 by the total number of 34,301 volunteer hours.

We've been thrilled to collaborate with HandsOn and their amazing volunteers!

In our "shopping with child carers" program, we empower caregivers to be "tour guides". They lead volunteers through their daily lives, sharing their unique perspective. This way, the volunteers can truly understand what our carers are going through.

我們很高興能與牽手香港及他們出色的義工合作!在我們的「與兒童照顧者購物」計劃中,我們讓照顧者成為嚮導,讓他們帶領義工了解他們的日常生活,分享他們獨特的視角。這樣,義工們就能真正了解照顧者們的經歷。



Anson Lau Social Worker People Service Centre, 民社服務中心



HandsOn staff and volunteers spend their weekends engaging children in activities like games and arts and crafts, providing much-needed respite to the young participants' caregivers.

牽手香港的義工利用周末的時間與孩子們一起玩遊戲、參與藝術和手工制作等活動,為小學員的照顧者提供了急需的喘息時間。

OUR NON-PROFIT PARTNERS in 2023

2023 年我們的非牟利機構合作夥伴























































































匡智元朗晨樂學校















































































路德會救主學校 SAVIOUR LUTHERAN SCHOOL











































*When working with multiple centres across districts, we have included the parent organisation logo to represent the entire group.

LIST OF OUR NON-PROFIT PARTNERS in 2023

2023 年我們的非牟利機構合作夥伴名單

- 1-Step Association
- A Plastic Ocean Foundation
- Ark Eden
- Art of MY Family
- Arts for Good Foundation
- Books & Beyond Reading Club
- Bring Me Home Ltd
- CantoGather Education Ltd
- CareER Association Ltd
- CCC Chun Kwong Primary School
- Charitable Choice
- Chatteris Educational Foundation
- Christian Action Centre for Refugees
- Christian Family Service Center Cherish House
- Christian Family Service Centre
- Clean Up Hong Kong's Trails
- Clockenflap
- Community Leap
- Crossroads Foundation
- Deeper Life Foundation
- Drink Without Waste Ltd
- Ebenezer New Hope School
- ELCHK Grace Youth Camp
- Everbright Concern Action Ltd
- F.D.B.W.A. Chow Chin Yau School
- Feeding Hong Kong
- Food Angel
- Food Cycle+
- Food Grace
- GiftnTake
- Gingko House
- Green Hour Foundation
- Greeners Action

- Hong Kong Wheelchair Aid Service Ltd
- Greeners South
- Habitat for Humanity Hong Kong
- Harmony Garden Lutheran Centre for the Elderly
- Healing Musical Club
- Heep Hong Society
- HELP for Domestic Workers
- Here in Nature
- HKFoodWorks
- Hoi Lai Children Development Centre, People Service Centre
- Hong Chi Morningjoy School, Yuen Long
- Hong Kong and Macau Lutheran Church Wong Chan Sook Ying Memorial School
- Hong Kong Christian Service Bliss District Elderly Community Centre
- Hong Kong Christian Service Fortune Neighbourhood Elderly Centre
- Hong Kong Christian Service Pui Oi School
- Hong Kong Christian Service Un Chau Neighbourhood Elderly Centre
- Hong Kong Christian Service: Centre for Harmony and Enhancement of Ethnic Minority Residents (CHEER)
- Hong Kong Lutheran Social Service, LC-HKS
- Hong Kong Red Cross John F. Kennedy Centre
- Hong Kong Shark Foundation
- Hong Kong Society for The Deaf
- Hong Kong Society for the Protection of Children
- Hong Kong Women Foundation Ltd
- Ho Kwok Pui Chun Neighbourhood Elderly Centre
- ImpactHK

- iMus Academy
- Junior Achievement (Hong Kong) Ltd
- Kadoorie Farm & Botanic Garden
- Karen Leung Foundation
- Kelly Animals Shelter
- Kely Support Group
- Kids4Kids
- Li Sing Tai Hang School
- LINK Centre
- Locality Development Services, Christian Family Service Centre
- LOVE 21 Foundation
- LoveXpress Foundation Ltd
- New Home Association Kowloon East Service Centre
- Maggie's Cancer Caring Centre
- OCD & Anxiety Support Hong Kong
- Outdoor Wildlife Learning Hong Kong
- Pathfinders
- Paws United Charity Ltd
- People Service Centre
- Plastic Free Seas
- Po Leung Kok Yu Lee Mo Fan Memorial School
- Po Leung Kuk Anita L. L. Chan (Centenary)
 School
- Po Leung Kuk Wong Chuk Hang Service for the Elderly
- Pok Oi Hospital Mr.Kwok Hing Kwan Neighbourhood Elderly Centre
- Redress Ltd
- Run Hong Kong
- Running In The Dark Ltd
- S.O.A.R. Education Foundation
- Sam Shui Natives Association Lau Pun Cheung School
- Saviour Lutheran School
- Sensational Foundation Ltd

- Soap Cycling
- The Hong Kong Association of the Order of Malta
- The Hub Hong Kong Children and Youth Centre
- The Jockey Club Elaine Field School
- The Mental Health Association of Hong Kong
- The Nature Conservancy
- The Nesbitt Centre
- The Spastics Association of Hong Kong (SAHK)
- Thrive Hong Kong Charitable Ltd
- Tung Wah Group of Hospitals Jockey Club Shatin Integrated Services Centre
- United Christian Nethersole Neighbour Network (Tin Shui Wai)
- United Christian Nethersole Community Health Service_Good Neighbour Network (Tai Po)
- United Christian Nethersole Community Health Service, Good Neighbour Network (Sau Mau Ping)
- Unity One Charitable Association
- V Cycle Company Ltd
- Variety the Children's Charity Hong Kong
- Vessel Repair
- Woopie Social Enterprises
- World Wide Fund for Nature
- Yan Chai Hospital Chiu Tsang Hok Wan Primary School
- Yan Tak Catholic Primary School
- Youth With A Mission Tuen Mun Hong Kong
- Yuen Long Church (Church of Christ in China)
 Chow Sung Chu Oi Youth Centre
- Yuen Long Long Ping Estate Wai Chow School
- Yuen Long Town Hall Management Committee
- Yuen Long Town Hall Support Service Centre For Ethnic Minorities

OUR CORPORATE PARTNERS

我們的企業合作夥伴

CORPORATE ENGAGEMENT in 2023 2023 年企業合作

Our corporate partners believe in the importance of engaging their employees in social impact programs that bring-to-life their values, and align with their Corporate Social Responsibility (CSR) goals or Environmental, Social, and Governance (ESG) priorities. By partnering with HandsOn, companies can create volunteering programs that engage employees and help them find meaning beyond their work—whilst supporting the needs of Hong Kong's non-profits.

The HandsOn team grew corporate service programs by 20% in 2023, developing 154 community programs that meet the needs of our frontline partners. These efforts supported poverty alleviation programs, education, assistance for the elderly, aid for low-income families, environmental conservation and more.

在與我們合作的許多企業合作夥伴之中,不少也希望透過舉辦具社會影響力的義工活動,以展示他們的價值觀,以及就他們的企業社會責任(CSR)或環境、社會和管治(ESG)目標進行實踐。通過與牽手香港合作,企業可制定不同的義工活動,以吸引員工參與,幫助他們找到工作之外的意義,同時支持香港非牟利組織的需求。

2023年,牽手團隊的企業義工活動增長 20%,共舉辦了154個義工活動,以滿足 我們前線合作夥伴的需求。這些活動旨在 支持扶貧工作、教育、長者和低收入家庭 援助、環境保護等。

1,932 VOLUNTEERS 義工人數

4,896 SERVICE HOURS CONTRIBUTED 貢獻服務時間

154 COMMUNITY PROGRAMS 社區服務活動

CORPORATE SERVICE MOMENTS

企業義工服務回顧

RPC'S MULTIFACETED APPROACH TO SUSTAINABLE IMPACT

Our long-standing corporate partner, RPC, takes a holistic approach to community engagement, empowering not just its employees but clients too, through diverse, year-round volunteering initiatives.

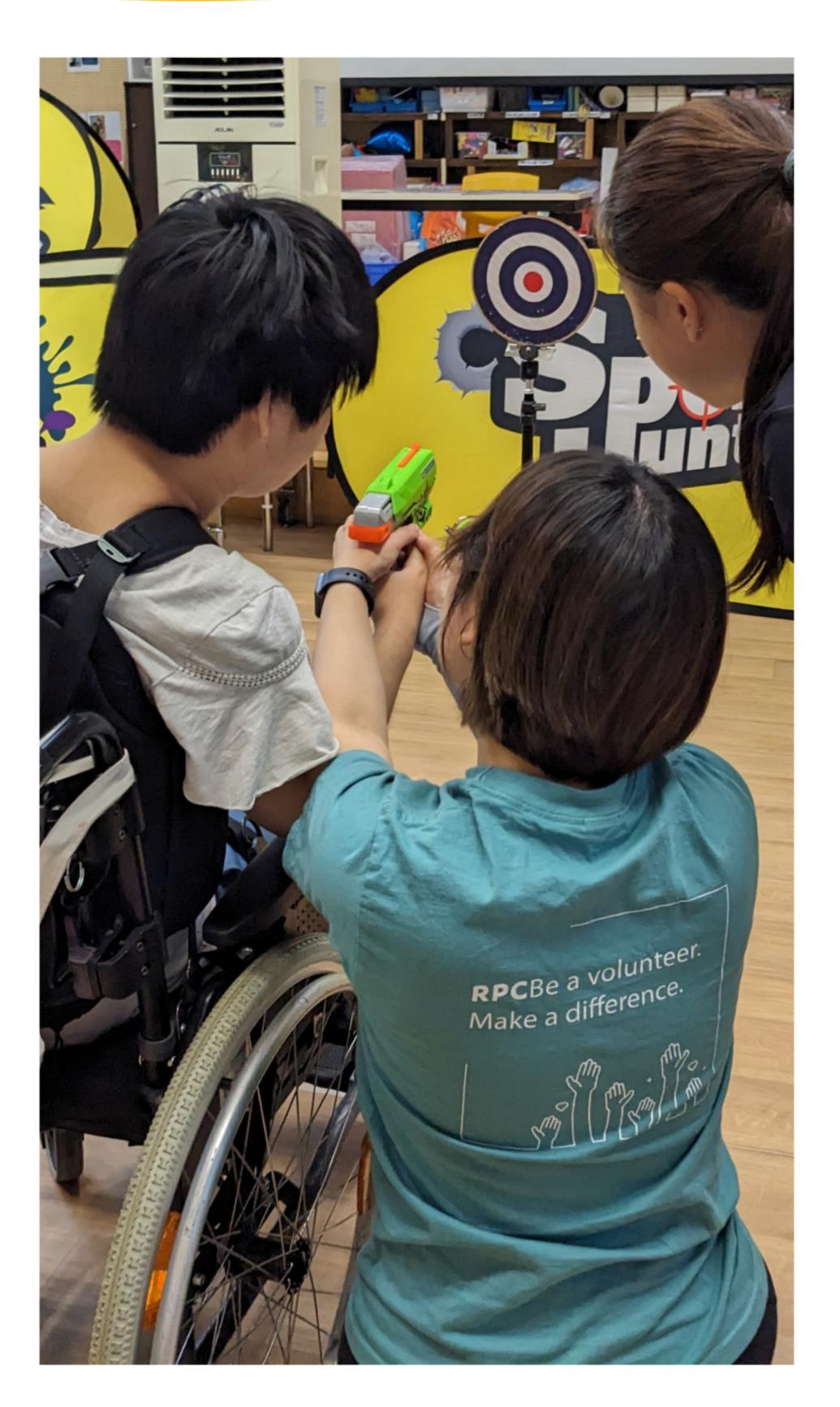
In 2023, RPC's dedicated volunteer force of 79 individuals took part in a variety of impactful programs. They supported inclusive youth empowerment by enabling children of all abilities to participate and build connections through adapted sports. Volunteers lent a hand at an under-resourced animal shelter, providing much-needed care and maintenance. Teams prepared and delivered warm, nutritious soup to isolated seniors. And volunteers, including some of RPC's closest clients, got hands-on recycling soap to donate to vulnerable communities.

RPC: 多角度帶來可持續影響

2023年,我們的長期企業合作夥伴 RPC 在制定社區服務方面跨進了一步。通過舉辦多個的義工活動,不僅鼓勵員工的參與,同時邀請得客戶的支持。

2023年全年,共有79名義工參與由 RPC舉辦的各種義工活動。當中包括 讓不同能力的兒童參與和建立聯繫的 共融體育活動、為資源嚴重短缺動物 收容所提供急需的照顧和維修、為獨 居長者烹調並送上熱湯、以及邀請客 戶一同參與回收和翻新二手肥皂,以 捐贈給弱勢社群。





HandsOn has been instrumental in shaping and driving RPC's volunteering program over the past three years. Through their extensive network and understanding of the immediate concerns in the community, we're proud to have supported those in need and introduced our people to a broad spectrum of focus areas.

The experiences have touched the hearts of many, spread the powerful idea of kindness and helped foster a culture of volunteerism.

過去三年,牽手香港在RPC開展企業義工服務項目方面擔當著重要的角色。通過他們的廣泛網絡和對社會需求的了解,我們很高與能夠參與支持社會上最有需要幫助的群體,並引領我們的員工就不同社會議題有更深的體會。這些經歷觸動人心,傳遞行善的理念,並培養企業義工文化。

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Lilian Tsui,

People & Responsible Business Manager, RPC

AIA HELPING HANDS: A LASTING IMPACT IN OUR COMMUNITIES

A strategic partner of HandsOn since 2019, AIA focuses on multiple areas of community support, each contributing to the overall well-being of everyone involved. These impactful year-round activities have seen volunteers packing food for low-income families, ensuring that food avoids landfill and that essential nutrition reaches those who need it most; accompanying a group of students to a local recycling centre, empowering young minds to become stewards of the planet; and sorting donated furniture and recycled goods for under-resourced communities.

In 2023, more than 200 AIA volunteers contributed, supporting frontline charities and furthering the reach and impact of these critical community initiatives.

友邦保險的「伸手助人」義工計劃: 為社區帶來持續的正面影響

自 2019 年起,牽手香港與友邦保險緊密合作,為社區帶來廣泛的支持。年度活動包括由義工們為低收入家庭包裝食物,減低食物浪費,讓最需要的人得到必要的營養;義工陪伴一群小學生參觀一個本地的回收中心,啟發年輕人成為地球的守護者;以及為缺乏資源的社區進行捐贈家具和回收物品分類等。

2023年,超過200名友邦保險義工通過義工活動作出了貢獻,支持前線慈善機構的服務 進一步擴大她們對社區的正面影響。



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The stark reality of food waste in Hong Kong, especially its impact on the vulnerable, was an eye-opening experience. Working hand-in-hand with my colleagues, we found unity in our shared mission to lend support to those in need.

參與義工活動讓我驚覺香港面對嚴重的食物浪費問題,深深影響著弱勢群體。在與同事們合作 的過程中,我們發現大家都帶着共同使命,為那些最需要我們幫助的人提供支援。

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AIA Volunteer, 友邦保險義工



AIA volunteers visited a food bank to rescue over 500 kg of surplus food, redirecting it from landfills and providing 1,250 meals to low income families.

友邦保險的義工們到訪了一家食物銀行,拯救 500多公斤剩餘食品,使其免於棄置,並為低收入家庭提供了 1,250 份膳食。

OUR CORPORATE PARTNERS in 2023 2023 年與我們合作的企業夥伴

ACCLIME





























Goldman Sachs







Johnson&Johnson





L'ORÉAL HONG KONG





MAYER BROWN 好士打





















































OUR TEAM AND ACKNOWLEDGEMENTS

我們的團隊和致謝

andsOr

OUR TEAM

我們的隊伍

Alvis Wong

Program Manager 項目經理

Anita Chan

Assistant Program Manager (From July) 助理項目經理(自七月起)

Bixian Lin

Senior Program Manager 高級項目經理

Bonnie Ho

Office Manager 辦公室經理

Brian Lee

Senior Digital Executive 高級數碼營銷主任

Catherine Tong Dannaoui

Executive Director 行政總監

Crystal Li

Events & Fundraising Manager (Until Dec) 活動及籌募經理 (至十二月)

Fiona Barker

Communications Director 通訊事務總監

Hellas Lau

Program Coordinator (Part time) 項目助理(兼職)

Lisa Lam

Head of Corporate Programs & Development 企業項目及發展主管

Matthew Chiang

Assistant Program Manager 助理項目經理

Rain Ng

Assistant Program Manager (Feb - May)助理項目經理(二月至五月)

Vicky Ting

Program Administrator (Part time) 項目行政人員(兼職)

Wing Yi Lee

Senior Program Officer 高級項目主任

Yung Wai Ling

Accountant (Part time) 會計主任(兼職)

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Founder & Board of Directors Chair 創辦人兼董事會主席

Ann Chu

Board of Directors Vice Chair 董事會副主席

Allan Song

Amy Fung

Dan Guo

Nancy Hong

Rebecca Hong

Vincent Ng



SPECIAL THANKS

特別鳴謝

We would like to express our gratitude to the following individuals, foundations and organisations who have generously supported HandsOn through donations, grants and the provision of pro bono services.

我們衷心感謝以下人士、基金會和組織 通過捐款、撥款、或為我們提供無償公 益性服務等,給予牽手香港無比重要的 支持。

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299th East Kowloon Scout Group

HandsOn Hong Kong is delighted to be affiliated with these partner organisations and networks.













OUR FINANCIALS

財政狀況



NG CHANGE, RAISING FUNDS FOR H

MEK O COUNTRY CLUB

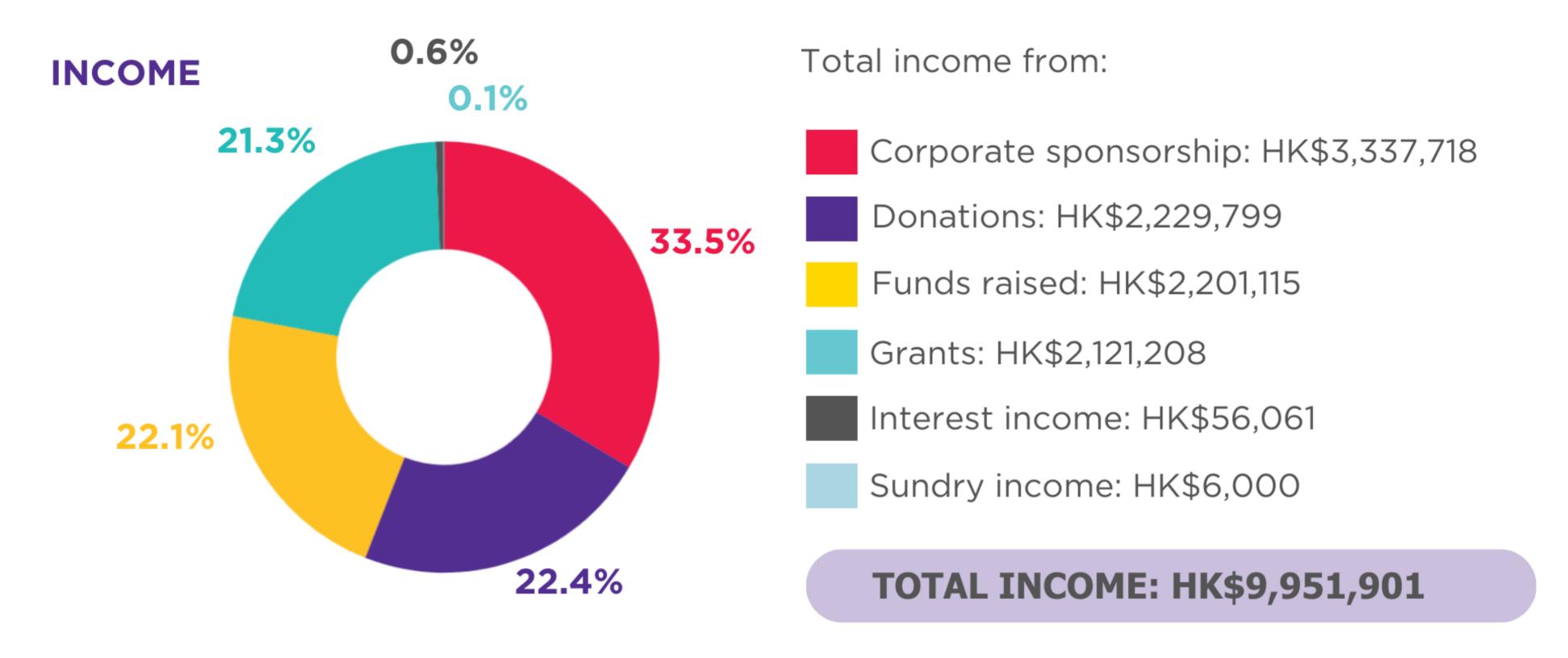
OUR 2023 FINANCIALS

HandsOn Hong Kong is an entirely self-funded organisation. We provide our year-round calendar of activities as a free public service. Our work is made possible through the fees that we charge for our corporate engagement, fundraising events and the grants and donations we receive from individuals, corporates and foundations.

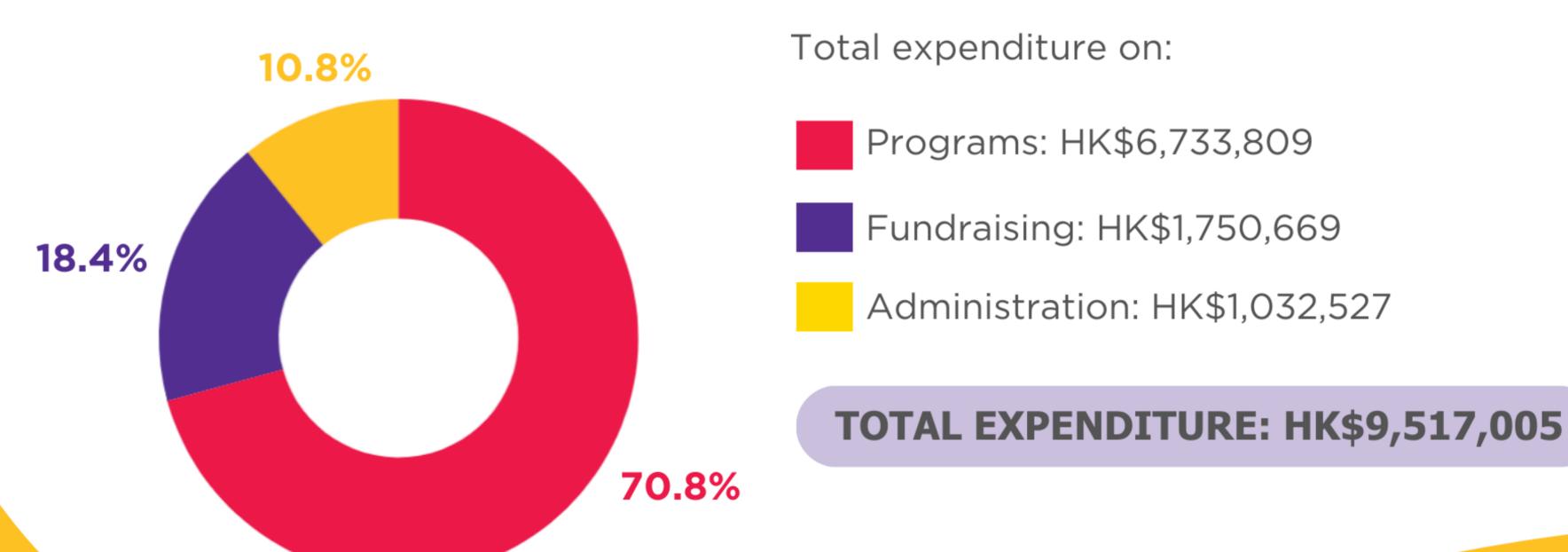
This income and expenditure account (HK\$) is for the period of 1st January to 31st December 2023. This summary is based on audited financial statements, which are available upon request.

Income Donations Grants Funds raised Corporate sponsorship Sundry income Interest income Total income	HK\$ 2,229,799 2,121,208 2,201,115 3,337,718 6,000 56,061 9,951,901	Program expenditure Insurance MPF contribution Other programme costs Rent Salaries and wages Shipping and delivery Stationary and printing Traveling	HK\$ 142,468 124,808 2,955,835 314,839 3,147,789 750 1,661 13,768
Expenditure Adminstration expenditure Audit fee	10,000	Total program expenditure	31,891 6,733,809
Bank charges Dues and subscriptions Entertainment Exchange loss Insurance Legal and professional fees MPF contribution Office expenses Other general office expenses Rent Salaries and wages Seminar and conference Shipping and delivery Staff training	4,011 19,870 30,802 12,087 16,653 20,067 22,207 45,690 107,177 36,800 613,354 1,043 88 87,147	Fundraising expenditure Insurance Marketing MPF contribution Other fundraising costs Rent Salaries and wages Shipping and delivery Stationary and printing Traveling Utilities Total fundraising expenditure	25,903 183,129 35,056 370,977 57,244 1,069,621 136 302 2,503 5,798 1,750,669
Stationary and printing Traveling Utilities Total administration expenditure	194 1,609 3,728 1,032,527	Total expenditure	9,517,005

FINANCIAL OVERVIEW 2023



EXPENDITURE



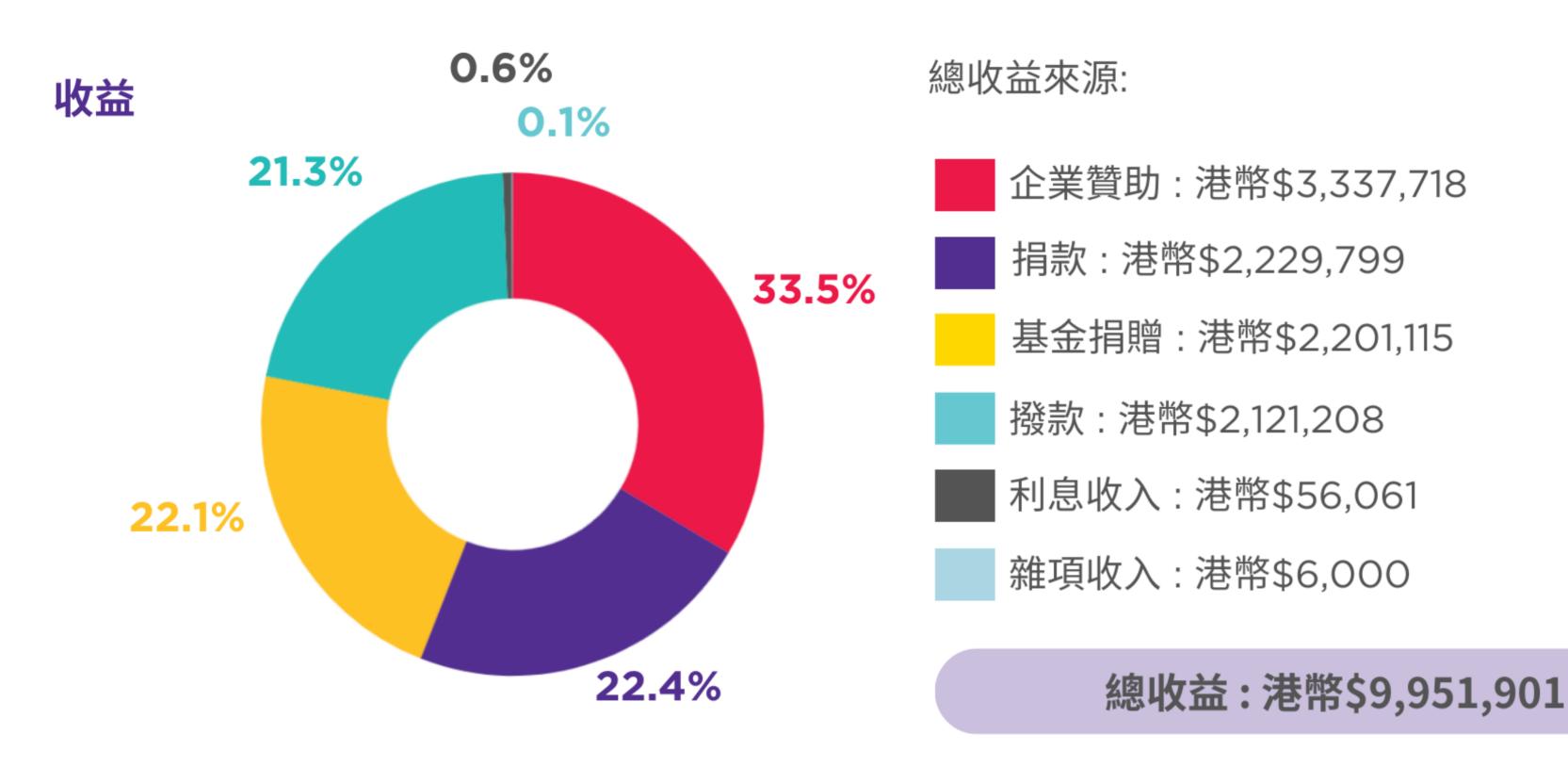
2023 年的財務狀況

牽手香港是一個自負盈虧的慈善組織。我們提供全年義工服務日曆作為免費公共服務。我們透過向企業收取活動費用、舉辦籌款活動以及從個人、企業和基金會收到的捐贈和撥款以支持營運,實踐我們的工作。

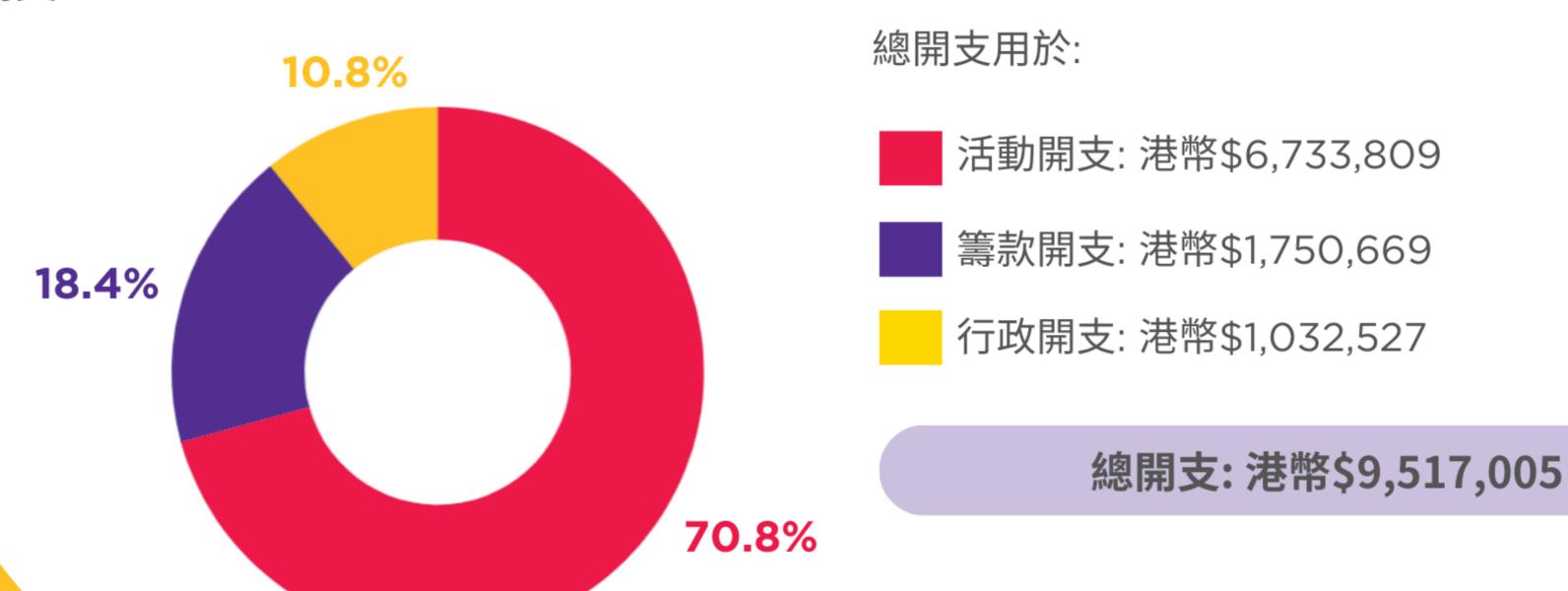
此收入及支出帳目(港元)適用於2023年1月1日至12月31日*。本摘要基於經審計的財務報表,可依要求提供。

<u>收益</u>	港元\$	活動開支	港元\$
 捐款	2,229,799	亿哈	142,468
·····································	2,121,208	強積金供款	124,808
基金捐贈	2,201,115	其他活動成本	2,955,835
企業贊助	3,337,718	租金	314,839
雜項收入	6,000	薪工津貼	3,147,789
利息收入	56,061	運輸費用	750
		文儀用品及印刷	1,661
總收益	9,951,901	旅費	13,768
		水電費	31,891
<u>開支</u> 公本表現 D		總活動開支	6,733,809
行政費用 家計准费	10.000		
審計收費	10,000		
銀行收費	4,011	籌款開支	
應付稅款及會費	19,870	化 原命	25,903
娛樂 分類:	30,802	營銷	183,129
兌換損失 保险	12,087 16,657	治 精全 世 卦	35,056
保險 法為弗里	10,033	其他籉款成木	370,977
法律費用	20,067	和金	57,244
強積金供款 辦公室開支	22,207	薪工津貼	1,069,621
那么至用又 其他辦公室日常開支	45,690	運輸費用	136
	107,177	文儀用品及印刷	302
租金 薪工津貼	36,800 -	按 弗	2,503
新工 ^{作的} 會議及研討會	613,354	水電費	5,798
曾俄及听引曾 運輸費用	1,043	總籌款開支	1,750,669
建制复用 職員培訓	88 97147		, , , , , , , , , , , , , , , , , , , ,
文儀用品及印刷	87,147		
ス 俄 力 ロ 及 ロ Pi I I I I I I I I I I I I I I I I I I	194 1,609	總開支	9,517,005
水電費		עדון טאון 🔀	9,517,005
小电员 總 營運開支	3,728 1,032,527		

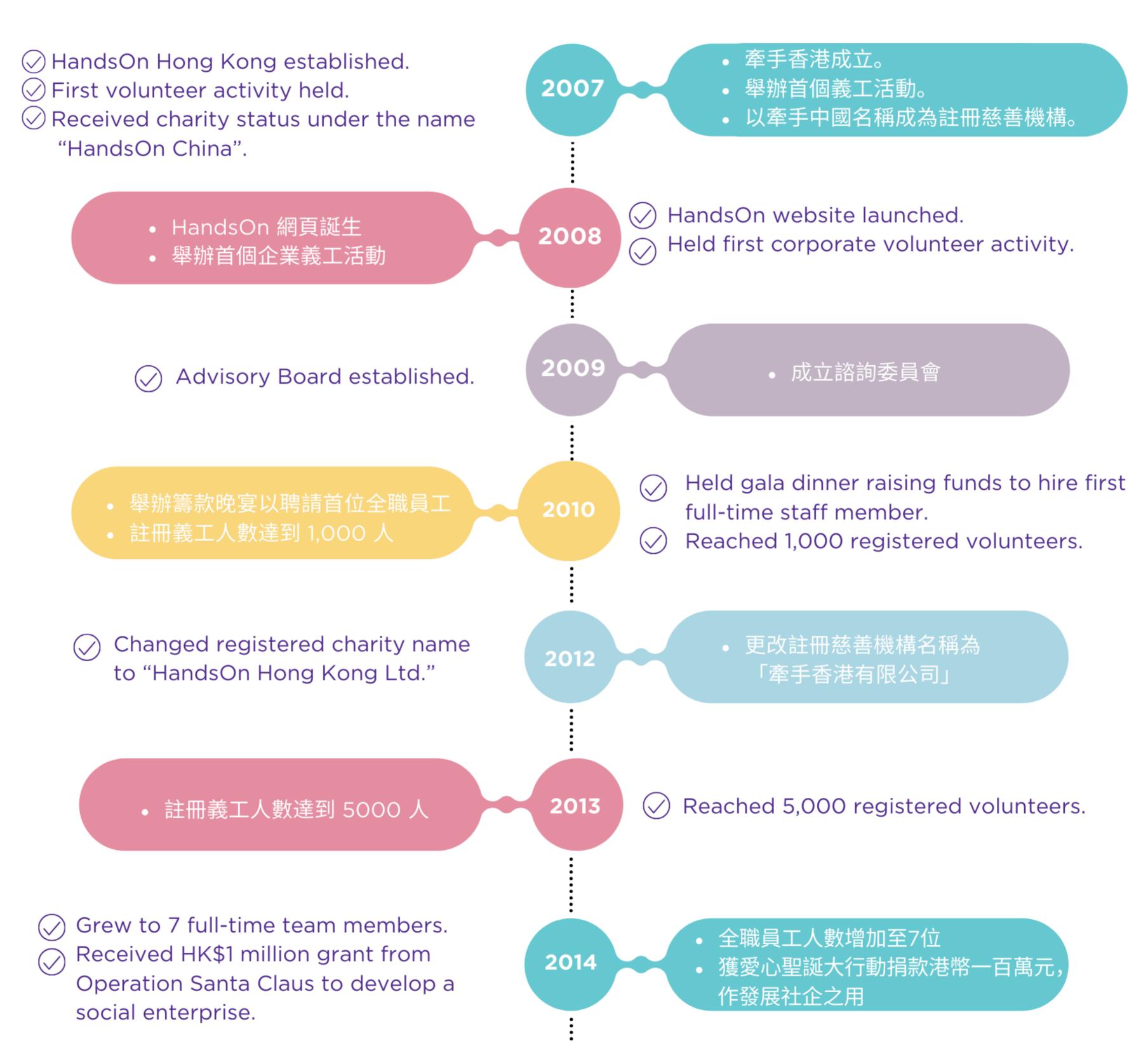
2023年財務概覽



開支



OUR JOURNEY 我們的里程碑



• 註冊義工達到 15,000 人
 ✓ Over 45,000 people supported. ✓ Launched Serve-a-thon, Hong Kong's first community service week. 2017 ● 受惠人數達 45,000 人 ● 推出本港第一個社區服務周 「香港義工節」
 註冊義工達到 20,000 人 受惠人數達 80,000 人 2018 ② Reached 20,000 registered volunteers. ② Over 80,000 people supported.
 ✓ Reached 25,000 registered volunteers. ✓ Over 35,000 community service programs run. 2019 上 註冊義工達到 25,000 人 學辦超過35,000個義工服務項目
 舉辦超過2000個 2019新冠病毒支援活動 2020
 ✓ Reached 30,000 registered volunteers. ✓ Launched 3 signature programs: OARE DELIVERED GENERATION CONNECT YOUTH EMPOWERED 註冊義工達到 30,000 人 推出三個重點計劃: 牽手送暖 跨代同行 見「義」勇為青年義工計劃
 ● 慶祝成立15周年 ● 全職員工増長至10名 ● 推出重點項目:「重新思塑」 Celebrated 15-year anniversary. Grew to 10 full-time team members. Launched signature program: RETHINK PLASTIC
 ✓ Reached 40,000 registered volunteers. ✓ Renewed HandsOn vision and values. ✓ Held first Golf Day raising HK\$1 million to support and sustain HandsOn programs. i. 註冊義工達到 40,000 人 b. 舉辦首個高爾夫球日籌款日 並籌得港幣一百萬元

Partners











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